

**WISCONSIN**  
**W**  
**GYMNASTICS**

**2024 – 2025**  
**Rules & Policies**

Prepared by Kathy Nelson

(Updated 5-30-24)





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## USA Gymnastics/Region 4 Administration

### USAG National Office

1099 N Meridian St.  
Ste 800  
Indianapolis, IN 46204  
Phone 317-237-5050  
Fax 317-732-1791  
[www.usagym.org](http://www.usagym.org)

### Region 4 Admin. Chair - RACC

Rick Nelson  
S73 W17240 Lake Drive  
Muskego, WI 53150  
Cell 414-698-6257  
[Rick@midwesttwisters.com](mailto:Rick@midwesttwisters.com)

### Region 4 Technical Chair - RTC

Windee Weiss  
721 Union Rd  
Cedar Falls, IA 50613  
Cell 319-230-1122  
[Windee4rtc@gmail.com](mailto:Windee4rtc@gmail.com)

## Wisconsin USA Gymnastics Administrative Committee

State Web Site – [www.usagymwi.com](http://www.usagymwi.com)

### State Chairperson - SACC

Kathy Nelson (Midwest Twisters)  
S73 W17240 Lake Drive  
Muskego, WI 53150  
Cell. 414-698-5265  
[kathy@midwesttwisters.com](mailto:kathy@midwesttwisters.com)  
[wisconsinusag@gmail.com](mailto:wisconsinusag@gmail.com)

### \* Meet Scheduler

Sarah Nelson (Judge)  
1615 Maple St.  
Middleton, WI 53562  
Cell. 608-215-4177  
[sarah@madtowntwisters.com](mailto:sarah@madtowntwisters.com)

### \*Member & Education Chairperson

Aubrie Davis  
24 Transport Ct  
Madison, WI 53704  
(608)571-9601  
[davis.aubrie@yahoo.com](mailto:davis.aubrie@yahoo.com)

### \* Member

Tammy Donahue (La Fleurs)  
W189 N10991 Kleinmann Dr.  
Germantown, WI 53022  
Gym 262-255-9700  
[tammydonahue19@gmail.com](mailto:tammydonahue19@gmail.com)

### \* Member

Danielle Mueller  
S12839 E Laudon Rd.  
Lone Rock, WI 53556  
(608) 792-5761 cell  
[danimueller27@gmail.com](mailto:danimueller27@gmail.com)

### \*Member

Katie Vollrath  
W59 N270 Cardinal Avenue  
Cedarburg WI 53012  
414-704-8182  
[info@nshoregym.com](mailto:info@nshoregym.com)

### Appointed Meet Assigner

Mary Pica-Anderson (Judge)

Cell (715) 271-1440  
[marypicaanderson5@gmail.com](mailto:marypicaanderson5@gmail.com)

\*Indicates voting member

## State Administrative Committee

The Wisconsin State Administrative Committee consists of the State Chairperson (tie-breaking vote only), five elected voting members, and other non-voting assigned or appointed positions. The guidelines for the composition of the voting members of the committee are:

- At least one judge
- At least two coaches
- No more than one voting coach per club affiliation



Committee Members serve a 2-year term, beginning July 1, with elections being held in odd years (2025, 2027, 2029...). Nominations take place in Spring every two years with elections being conducted in May.

The State Chairperson serves a 4-year term, beginning July 1, with elections being held on even years (2022, 2026, 2030...). Nominations take place in Spring every four years with elections being conducted in May.

Appointed positions are for a period of one year. The board members appoint the appointed positions every Spring.

### **State Administrative Committee Duties**

- Members must support the USA Gymnastics program and its Rules and Policies.
- Members must represent their area and/or level
- Members must support and consider the total State program.
- Members shall carry out the specific duties of their positions as determined by their State.
- Members are expected to attend all State Administrative Committee and general membership meetings.

## **WISCONSIN LEGISLATION**

### **WISCONSIN STATE MEETS**

All State Meets are under the total jurisdiction of the SAC (State Administrative Chair). The SACC or an assigned SAC member will be assigned to consult with the State Meet Director for coordination and approval of adherence to USA Gymnastics and USAG-WI Rules & Policies.

The Xcel and Optional Dev State Meets are required to have the SACC, an assigned SAC member, or an SAC approved non-member to be present throughout the duration of these State Meets. The meet director for Xcel and Optional Dev State Meets will be charged a \$1000 administrative fee for this service to be paid to the consultant, plus host hotel, meals, and mileage. This could be subdivided if more than one board member is needed to cover the weekend. This is not a fee to run scoring or set up *ProScore* for the state meet. This fee is subject to be waived or reduced in the case of a SAC member hosting the State Meet. Compulsory State does not require the SACC, an assigned SAC member, or an SAC approved non-member to be present during competition.



## State Meet Competition Format

### Level 2-5 and Xcel Bronze State Meet Format

Level 2-5 State Meet are conducted together in the same weekend in an off-site facility. Modified Traditional or Modified Non-Traditional (Capital Cup) are acceptable formats. Formats must be approved by SAC prior to creating a competition schedule.

### Xcel State Meet Format

Xcel State Meet is to be held off-site Modified Traditional or Modified Non-Traditional (Capital Cup) are acceptable formats. Formats must be approved by SAC prior to creating a competition schedule.

### Level 6- 10 State Meet Format

Level 6-10 State Meet is to be held off-site Modified Traditional or Modified Non-Traditional (Capital Cup) are acceptable formats. Formats must be approved by SAC prior to creating a competition schedule.

## State Meet Equipment

### Optional & Xcel

Level 6-10 State Meet and Xcel State Meet must use the same equipment manufacturer (AAI, Speith, etc.) that is contracted for Regionals and Nationals.

### Compulsory & Bronze State Meet Equipment

Level 2-5 State Meet must use AAI equipment. Any exceptions must be submitted to the SAC for approval.

## State Meet Bids

State meets are awarded to clubs whose bids meet the approval of the SAC.

Download State Meet bid forms from [www.usagymwi.com](http://www.usagymwi.com) under ***Meet Directors*** heading and submit completed form to the State Chairperson by the deadline:

**December 1** Level 2-5 & Xcel Bronze

**April 1** Level 6-10 & Xcel Silver - Xcel Sapphire

State Meet Bids are evaluated on the following criteria:

- On-time submission of complete bid form with facility and equipment contracts arranged



- Host club Meet Director is experienced in conducting off-site competitions with multiple gyms and/or multiple USAG certified meet directors.
- Meet Directors must use *ProScore* and either have someone on staff or hire someone outside to run scoring.
- Adequate facility size, seating, and parking
- Ability to provide adequate volunteers
- Hotel availability
- All State Meets must use a USA Gymnastics licensed vendor.

The State Meet will be awarded before the regular seasonal meet schedule is set.

### State Meet Entry through USA Gymnastics Meet Reservation System

*USA Gymnastics Meet Reservation System* must be used for State Meet entries.

Third party meet payment programs are allowed but may NOT charge additional fees for USAG-WI Compulsory Qualifiers or State Meets. Immediately upon completion of your online entry, print out your entry from *USA Gymnastics Reservations System* and mail with a check to the host club or pay on a 3<sup>rd</sup> party payment program.

### Score Reporting Pro-Score State Meets

The official Wisconsin meet scoring program is *ProScore*. Please update to the newest version prior to setting up your meet.

### State Meet Qualifying Scores

- |           |       |   |          |       |
|-----------|-------|---|----------|-------|
| ● Level 3 | 32.00 | · | Level 7  | 32.00 |
| ● Level 4 | 32.00 | · | Level 8  | 32.00 |
| ● Level 5 | 32.00 | · | Level 9  | 32.00 |
| ● Level 6 | 32.00 | · | Level 10 | 32.00 |
- 
- Level 2            Participation in 2 seasonal meets or petition to SAC
  - Xcel              Participation in 1 seasonal meet or petition to SAC



Individual Event Specialists (IES)

- Level 6-8 IES 9.0 Same as Regional Score
- Level 9 & 10 IES 8.5 Same as Regional Score
- Xcel IES Participation in 1 seasonal meet or petition SAC

NOTE: Currently no provision for IES to petition for an extra 0.10 to qualify. **As of 2024, IES do not need to be declared prior to the start of the State Meets. IES need to be declared at the end of their session at the State Meets.**

State Meet Entry Fees

State Meet Entry Fees

- Level 2-5 State Meet \$100
- Level 6-10 State Meet \$120
- Xcel State Meet all Divisions \$100
- No Team Entry Fee

Admission Fees – State Meets

Maximum spectator admission fees that may be charged per day. Prices must be on meet info.

- State Meets
  - Adults (13-64) \$20
  - Children (5-12) \$15
  - Seniors (65+) \$15
- Multi-day discount passes at the meet director’s discretion.

State Meet Entry Deadline

Compulsory and Xcel Bronze State Meet

- Qualification to the Compulsory State Meet must be achieved at an in-state, scheduled, seasonal meet adhering to Wisconsin guidelines and open to all USAG-WI clubs. Note: Fall qualifiers must offer L2-5 and XB competition.
- Or through petition to the SAC with scores.





The final State Meet qualifier and the late qualifiers' State Meet entry deadline are 2 weeks prior to the meet.

### **Optional & Xcel State Silver - Sapphire Meet**

- All in-state and out-of-state meets may be used for State Meet Qualifiers.
- Enter on *USA Gymnastics Meet Reservation System* minimum of 6 weeks before State Meet.
- Enter ALL gymnasts that intend to compete if qualified for State Meet.
- Submit all scratched by the Monday after the last qualifier.
- Payment for State Meet should be made by the deadline. The deadline is two weeks prior to the State Meet.
- Late qualifiers
  - Late qualifiers entry fees must be received by or postmarked that same Monday.
  - \$50 late fee per individual entry for entries received after this deadline.
- Optional and Xcel IES entries must be designated at the time of State Meet Entry by emailing the Meet Director.

Since qualification to Level 2 State Meet is by participation in two seasonal meets and for Xcel is by participation in one seasonal meet, these levels may schedule a meet one week prior to State but their entries are subject to the above schedule.

### **Entry Fee Refund Policy State Meets**

The Wisconsin State policy for refunding State Meet entry fees is two weeks prior to the first day of a weekend competition.

- Full refunds will be given for any reason up to that date.
- No refunds are given for any reason within two weeks of the meet.

### **State Meet Age Groups**

- For Level 2-5 and Xcel Bronze: Use the last date of the State Meet competition of as the age determination date.
- For Level 6-10 and Xcel Silver-Sapphire: Use the last date of the culminating meet for the level as the meet age determination date.



- Age groups are designated by age divided equally using a sliding scale creating approximately equal groups of 20 athletes, not exceeding 24 in a group.
- Age groups designated as Jr A, Jr B, Jr C, Sr A, Sr B...etc.
- Age groups must be approved by the SACC for State Meets prior to creating a schedule.

Athletes should be in age groups close to each other in age. Try to keep consecutive age groups together. Sessions should then be randomly drawn in competition order, not in age order.

### Random Draw

Random draw is NOT used within squads at any State Meets. Team members within a squad are listed consecutively rather than randomized with other clubs. However, the drop down for event starters is adhered to, so entire teams will not always be consecutive on subsequent events.

### State Meet Coaches Registration Fee

Coaches attending all state meets must be pre-registered through the *USA Gymnastics Meet Reservation System*. Coaches not pre-registered will be assessed a **\$100** coaches registration fee to be allowed on the floor. Qualifiers and Invitationals may also charge this fee if it is published in their meet information.

### State Meet Non-Judging Meet Referee

Compulsory and Xcel Bronze State Meet will NOT use a non-judging Meet Referee. Optional State Meet and Xcel Silver-Sapphire State will use a non-judging meet referee.

Panel judges will be selected from the pool of eligible and available Wisconsin judges regardless of affiliation, but an affiliated judge may not act as Chief Judge.

### Awards State Meet

#### Level 2-5 & Bronze State Meet Awards

- Individual Events: Medals for 50% of participants in each age group



- All Around: Medals for 100% of participants in each age group.
  - Top 50% receive placement medal
  - Bottom 50% awarded a **State Meet Qualification Medal**
- No additional participation awards
- Team Awards top 5 places.

#### **Levels 6-10 State Meet Awards**

- Medals for 50% of places for Individual Events and AA.
- No participation awards.
- Team Awards top 5 places.

#### **Xcel Silver, Gold, Platinum, **Diamond & Sapphire** State Meet Awards**

- Medals for 50% of places for Individual Events and AA.
- No participation awards.
- Team Awards top 5 places.

#### **State Meet 1<sup>st</sup> or 2<sup>nd</sup> place Ties**

- Duplicate gold or silver medals are awarded for individual events and AA.
- Both athletes stand on their respective places on the awards podium.

#### **State Meet Team Awards**

Team Score at State Meets is compiled using the top 3 individual scores per event regardless of age group or number of gymnasts entered per team.

State banners will be ordered by SACC for each level. No additional awards will be given. Place recognition will **only be announced** at the State meet for 50% of teams up to 10 places.

- Level 2-8, Bronze, Silver, Gold & Platinum 1<sup>st</sup>-5<sup>th</sup> place Team Banners
- **Level 9, 10 & Diamond & Sapphire 1<sup>st</sup>-3<sup>rd</sup> place Team Banners**

#### **Banner Colors**

- Blue 1<sup>st</sup> place
- Red 2<sup>nd</sup> place
- White 3<sup>rd</sup> place
- Purple 4<sup>th</sup> place
- Pink 5<sup>th</sup> place



### State Meet Medals Purchasing Policy

- The State Meet Director gives SACC the list of required medals.
- SACC orders the medals and has them invoiced and delivered to the State Meet Director.
- **The State Meet Director will fill out the medal inventory form and submit it after the State Meet.**
- The State buys back the surplus medals and stores them at Gym Treasures.
- Surplus medals will NOT be bought back if event/placement labels are attached.
- Next State Meet Director buys surplus medals from the State plus new medals.

### Graduating Seniors

Special awards and flowers for graduating seniors will be reimbursed or paid for by the State.

## State Meet Expenses

Wisconsin State Meets do not guarantee Meet Directors a profit. Normal meet expenses must be budgeted for based on entry fees and meet proceeds.

## State Meet Financial Reports

A **Financial Report form** can be found on the state website. <https://usagymwi.com/state-meet-financial-reporting-form/> The form must be sent to the State Chairperson within 60 days after the State Meet. **Failure to do so will result in loss of eligibility to host a compulsory qualifier the upcoming season.**

# QUALIFIER MEETS

## Wisconsin Qualifier Meets Rules of Competition

Team competition is allowed at regular seasonal meets and at State Meet for all Levels.

Meet directors establish Team Score parameters at regular seasonal meets and include these in their pre-meet information.



### Level 1 Competition

Level 1 competition may be conducted. No Level 1 State Meet will be held.

### Level 2 Competition

Level 2 competition is conducted in the fall season. State Meet is held in conjunction with the Level 3-5 State Meet. Meets must be judged by at least one rated official per event during regular season meets and two judges at State Meet. Scores will be recorded and flashed. Meet formats according to USAGym Rules & Policies.

### Level 3 Competition

Level 3 competition is conducted in the fall season. Meets must be judged by two judges per event during regular season meets and State Meet.

### Level 4 Competition

Level 4 competition is conducted in the fall season. Meets must be judged by two judges per event during regular season meets and State Meet.

### Level 5 Competition

Level 5 competition is conducted in the fall season. Meets must be judged by two judges per event during regular season meets and State Meet.

### Xcel Competition

Xcel competition is conducted during both fall and winter/spring seasons. State Meet for Bronze is in December with the level 2-5's. State Meet for Silver, Gold, Platinum, Diamond and Sapphire will be held in the spring.

- Xcel gymnasts may enter the State Meet as IES.
- Declaration as IES must be emailed to the Meet Director upon State Meet entry by the published entry deadline.

Xcel Silver and above meets must be judged by two judges per event during regular season meets and State Meet.

### Level 6-10 Optional Competition

Level 6-10 Optional competition is conducted in the winter/spring season. Level 6-10 may allow IES competition.



- An IES may qualify to State Meet with a score equal to the Regional qualifying score on that event.
- Declaration as IES must be emailed to the meet director upon State Meet entry by the published entry deadline.

Level 6-10 competition is conducted in the winter/spring season. Meets must be judged by two judges per event during regular season meets and State Meet. State Meet judges must be board approved.

### Scheduling Qualifier Meet

Clubs wishing to host regular seasonal Compulsory & Xcel Bronze meets must submit their requests to the State Chairperson prior to **April 1st**.

- Requests should include first, second and third choices of possible dates.
- Which levels are to be offered
- Facility/site to be used
- Any other pertinent information.

The SAC will work out a schedule taking all requests into consideration. The qualifier schedule will be out to the membership on May 15<sup>th</sup>.

Optional and Xcel Silver-Sapphire meets must be arranged by individual clubs and submitted to the SAC for inclusion on the State Calendar as of June 1st deadline.

A link to meet information must be sent to the SACC to be included on the state website.

### Meet Entry Forms Qualifiers

Use **USA Gymnastics Meet Reservation**

- instructions at: [www.usagymwi.com](http://www.usagymwi.com)
- Submit your entry on the *USAG Meet Reservation*.
- Do not submit a conflicting document when submitting the entry fee.

### Meet Information Qualifiers

Hard copies of meet information do NOT need to be mailed to teams.

The state web site posts the seasonal schedule under Wisconsin Gymnastics Calendars with links to the meet information. Clubs must supply the meet information/link to the webmaster, to be posted. <https://usagymwi.com/>



## Meet Entry Fees Qualifier

### Fall Compulsories Qualifiers

- Level 2           \$65
- Level 3           \$65
- Level 4           \$65
- Level 5           \$65
- Xcel              \$65
- Team Entry Fee – Compulsory Qualifiers only   \$40.00

### Winter/Spring invitations

- Level 6-10           TBD by Meet Director
- Xcel                 TBD by Meet Director
- Level 2-5            TBD by Meet Director

## Entry Fee Refund Policy Qualifiers

The Wisconsin State policy for refunding Compulsory Qualifiers entry fees is two weeks prior to the first day of a weekend competition.

- Full refunds will be given for any reason up to that date.
- No refunds are given for any reason within two weeks of the meet.

Optional, Xcel & post-season Compulsory meets set their own refund policy to be published in their meet information.

## Admission Fees – Compulsory Qualifiers

**Maximum** spectator admission fees that may be charged per day. Prices must be on meet info.

- In Gym Compulsory Qualifiers
  - Adults (13-64)       \$10
  - Children (5-12)     \$8
  - Seniors (65+)       \$8
  
- Off Site Compulsory Qualifiers
  - Adults (13-64)       \$20
  - Children (5-12)     \$15
  - Seniors (65+)       \$15
  
- Multi-day discount passes at meet director’s discretion.



## Qualifier Meet Age Groups

Age Groups for All Levels for qualifying meets.

- Use the last date of competition of your meet for the age determination date.
- Age groups are designated by age divided equally using a sliding scale creating approximately equal groups of 20 athletes, not exceeding 24 in a group.
- Age groups designated as Jr A, Jr B, Jr C, Sr A, Sr B...etc.
- Invitationals may set their own age groupings per USA Gymnastics R&P.

## Compulsory Qualifier Awards Guidelines

The Wisconsin guideline for awards is 50% of participants in each age group. Age groups need to be 24 athletes or fewer.

No Achievement Ribbons will be given for any level at Qualifiers or State Meet.

### Level 2 & Bronze Qualifiers

- Individual Events: Medals for 50% of participants in each age group.
- All Around: Medals for 100% of participants in each age group.
  - Top 50% receive placement Award
  - Bottom 50% receive a participation medal
- Team Awards 50%

### Level 3-5 Qualifiers

- Individual Events: Medals for 50% of participants in each age group.
- All Around: 50% of participants in each age group receive placement awards, either medal or trophy.
- Team Awards 50%

## Meet Results Qualifiers

Meet directors must post their meet results online. ALL meet scores to be published on *MyUSAgym.com*. Team results need to be posted on the meet or club's website.

## DROP BACKS

Gymnasts are permitted to drop back to their previous level even after qualifying for and competing at a higher level. Drop-backs must be done by the deadlines





listed below. Mobility must be updated on USAG site and *Drop-Back* forms submitted to the WI-Competition Chair. *Drop-Back* forms can be downloaded from the state website, [www.usagymwi.com](http://www.usagymwi.com).

### **Deadline for Drop-Backs**

**3 weeks before State Meet – Compulsory Gymnasts**

**3 weeks before State Meet – Optional & Xcel Gymnasts**

## **HEAD TAXES**

### **Wisconsin Head Tax - \$2 per athlete**

Meet Directors must pay \$2.00 per USAG athlete to USAG-WI.

- Level 2-5 & Bronze qualifier meets fall season
  - Before Wisconsin State Meet in December (Xcel Silver-Sapphire excluded)
  - Head tax is not assessed on Level 2-5 or Bronze athletes at Level 6-10 or Xcel Invitationals
- Level 6-10 competitions winter season
- Xcel competitions winter season
  - Head tax is assessed for meets after Level 2-5 & Bronze State Meet in December
- All mobility meets are subject to the head tax.
- All State Meets are exempt from the head tax.

The Meet Summary from *ProScore* must be submitted with the Head Tax form for verification of head count. The head tax form can be downloaded from the state website under **Meet Directors**.

Meet directors make check payable to: **USAG-WI**  
Send to: **Kathy Nelson-WI USAG**  
573 W17240 Lake Dr  
Muskego, WI 53150

Meet directors failing to submit the sanction report, head tax with payment, and *ProScore* Meet Summary to the SACC within 10 days of the meet will not be eligible to be awarded a compulsory qualifier the following season.



### Region 4 Head Tax - \$6 per athlete at State Meet

Based on State Meet participation, USAG-WI pays \$6 per athlete to Region 4. The balance of taxes collected remains with USAG-WI.

### Judges Assigning Fee - \$5 per Judge per Meet

USAG-WI makes an annual payment to NAWGJ-WI out of the head tax fund for judges assigning fees at a rate of \$5 per judge for all sanctioned meets on the state schedule. Meet directors are not required to pay the judges' assigning fee.

## REGIONALS

Region 4 Website - [region4gymnastics.com](http://region4gymnastics.com)

### Judges Selection to Regionals

Wisconsin Brevet judges are automatically assigned to Level 8-10 Region 4 Championships provided they meet the Regional criteria.

Judges with a National rating will be eligible to fill available slots at Regionals on a rotational basis.

- They must have judged the qualifying State Meet and meet all Regional criteria
- Must have attended a Regional Training Camp within the past 3 years.

Regional resumes must be sent to the State Judging Director, SACC and RTCC by the designated date in May of the preceding year. Based on resumes, the SAC will make recommendations to the RTCC for judges to be assigned. The regional committee will make the final assignments.

### Wisconsin Regional Apparel

USAG-WI provides a leotard and T-shirt for all Level 8-10 Regional qualifiers. Wisconsin Level 8's compete as a Wisconsin team in each session, so it is highly recommended Level 8's wear the leotard for competition.

- All Regional coaches receive a USAG-WI T-shirt.
- Levels 6-7 and Xcel Silver-Sapphire can purchase leotard & apparel.
  - NO Regional Championships for Xcel Bronze



## Contributor of the Year Criteria and Nominations

### Wisconsin's Club of the Year

Wisconsin's Program of the Year is decided by WI State Meet placement point system in the WI R&P. The spreadsheet is available at [www.usagymwi.com](http://www.usagymwi.com) under ***State Information***.

- Optional Program of the Year
- Compulsory Program of the Year
- Xcel Program of the Year

### Wisconsin's Contributor of the Year

Region 4 recognizes three categories of *Contributor of the Year* from each State. Awards to be presented at Region 4 Congress.

Nominations from State membership to be emailed to [wisconsinusag@gmail.com](mailto:wisconsinusag@gmail.com) by May 1st. State voting on nominations May 1st-14th.

- **Team Sportsman of the Year**
  - A member club that you would like to nominate on their sportsmanship
- **Sportsperson of the Year**
  - A pro-member that has a "Love of the Game"
- **Judge of the Year**
  - A judge that goes "Above and Beyond".

### Penalties for Violations of USA Gymnastics R&P and/or USA Gym-WI R&P

Reports of violations must be submitted in writing to the State Chairman by a USA Gymnastics Professional member. All concerned parties will be interviewed, and the State Administrative Committee will make a ruling. Penalties may range from \$25-\$500 fines and/or the loss of that club's eligibility to host a qualifier the next season.