



USA GYMNASTICS®

Region 4

2018 – 2019

Rules & Policies

Prepared by Judy Schalk
Updated 07/2018

Table of Contents

Region 4 Administrative Committee.....	5
Region 4 Administrative Committee (RAC) Structure.....	6
Regional Administrative Committee Chairman (RACC)	6
Regional Technical Committee Chairman (RTCC)	6
Regional Junior Olympic Committee Chairman (RJOCC)	6
Regional Xcel Committee Chairman (RXCC).....	6
7 State Administrative Committee Chairmen (SACC) – one from each of the 7 states in Region 4 – IA, MN, MO, NE, ND, SD, WI.	6
RAC Member Elections*	6
Regional Officers	6
SACC Elections.....	7
RAC Meetings.....	7
RAC Function.....	7
Region 4 Legislation	8
Region 4 Web Site - www.Region4Gymnastics.com	8
State Newsletters and Meeting Agendas	8
States Head Tax.....	8
Regional Funds	8
State Meets	8
Club of the Year.....	8
Contributor of the Year	9
Region 4 Congress.....	9
Elite & TOPS Programs	9
Region 4 Championships.....	10
Meet Schedule	10
Level 8-10.....	10
Level 6-7	10
Xcel.....	10
Bids.....	10
Qualification Scores from State Meet.....	10
Entry Fees.....	10
Petitions	11

Meet Entry System – *USA Gymnastics Meet Reservation* 11

 Refund Policy 11

Age Divisions 11

 Level 10 11

 Level 9 11

 Level 8 11

 Level 6 & 7 12

 Evenly split age groups within each Level with a maximum of 24 athletes per group..... 12

 Xcel 12

Judges..... 12

 Regional Resume..... 12

Scoring System 12

 Meet Results 12

Draw 12

Awards 12

Equipment..... 13

Gate Admission Fees 13

Financial Report 13

Region 4 Apparel..... 13

 Apparel Bid Requirements 13

Level 9 & 10 Region 4 Championships 14

 Meet Format 14

 Qualification to JO Nationals 14

 Qualification to Westerns 14

Level 8 Region 4 Championships..... 14

 • No Specialists are allowed at the Level 8 Region 4 Championships. Level 8’s must qualify or be petitioned in the AA..... 14

 Meet Format 14

Level 6 & 7 Region 4 Championships 14

 Meet Format 14

Xcel Region 4 Championships 15

 Meet Format 15

Region 4 Training Camps..... 16

Basic North/South Camp Info 16

 Basic College Showcase and High Performance Camp Info..... 16

 Qualifying To Camp 16

 North/South Camps 17

 College Showcase and High Performance Camp 17

 Interested In Hosting Camp? 17

Region 4 Administrative Committee

www.Region4Gymnastics.com

<p>RACC Rick Nelson S73W17240 Lake Dr Muskego, WI 53150 Wk 414-764-6540 Cell 414-698-6257 Home 262-679-9986 Fax-G 414-764-3199 Fax-H 262-679-9987 Rick@midwesttwisters.com</p>	<p>RTCC Linda Thorberg 20525 Hartford Way Lakeville, MN 55044 Cell 952-200-9514 Linda4rtc@aol.com</p>	<p>RJOCC Paige Roth 2550 Holiday Rd Coralville, IA 52241 Cell 319-530-5317 Fax 319-887-1136 paiger@iowagymnest.com</p>
<p>RXCC Megan Robinson 609 Reed Ct West Des Moines, IA 50266 Wk 515-276-2027 Cell 515-669-6556 region4xcel@gmail.com</p>	<p>*Region 4 NAWGJ Judging Director Robin Smith rsmithmo@gmail.com * Contracts judges for Regionals but is not a RAC member</p>	<p>SACC – IA Todd Beyer 2906 C Avenue NE Cedar Rapids, IA 53402 Wk 319-389-3704 Cell 319-389-3704 btltmt@mchsi.com www.lowausag.com</p>
<p>SACC – MN Ryan Rohloff 5555 Pioneer Creek Dr Orono, MN 55359 Wk 763-479-3189 Cell 763-439-3000 ryan@northshoregym.org www.mnusag.com</p>	<p>SACC – MO Kathy Sanford 3881 W red Rock Rd Columbia, MO 65202 Wk 573-443-3547 Cell 573-999-6353 gymkatsan@aol.com www.mousag.com</p>	<p>SACC – NE Carol Balerud 3625. 35th St. Columbus NE 68601 Hm 402-563-4166 Cell 402-910-1086 cbalerud@gmail.com www.neusag.wordpress.com</p>
<p>SACC – ND Whitney Beck 2001 17th Ave S Fargo, ND 58103 Wk 701-280-0400 Cell 701-899-8638 Whitney@americangoldgymnastics.com www.ndusag.wordpress.com</p>	<p>SACC – SD Audra Rew 515 E 6th Ave Mitchell, SD 57301 Cell 605-770-8454 Audra.rew@gmail.com www.sdusagymnastics.com</p>	<p>SACC – WI Randy Anderson 5711 77th St. Kenosha, WI 53142 Wk 262-694-0805 info@scampsgymnasstics.com www.USAGymWI.com</p>

Region 4 Administrative Committee (RAC) Structure

Regional Administrative Committee Chairman (RACC)

Must have served for a minimum of two (2) consecutive years as:

- State Administrative Committee Chairman, or
- Regional Administrative Committee Chairman, or
- A National sub-committee member

Regional Technical Committee Chairman (RTCC)

The Regional Technical Committee Chairman (RTCC) must be a Brevet or hold a National rating for a minimum of two cycles.

Regional Junior Olympic Committee Chairman (RJOCC)

- Must have coached a gymnast who has qualified to Level 9 or 10 Regionals within the prior or current Olympic cycle and
- Is presently coaching at the Junior Olympic level.
- If a candidate does not meet the above criteria, the Regional Administrative Committee may nominate a candidate with demonstrated ability and suitability for the position.

Regional Xcel Committee Chairman (RXCC)

- The Regional Xcel Committee Chairman (RXCC) must be presently a coach, judge, or administrator in the Xcel program.
- If a candidate does not meet the above criteria, the RAC may nominate a candidate with demonstrated ability and suitability for the position.

7 State Administrative Committee Chairmen (SACC) – one from each of the 7 states in Region 4 – IA, MN, MO, NE, ND, SD, WI.

- Must have been active within that State's program for a minimum of two (2) consecutive years.
- It is strongly recommended that the candidates have:
 - Financial skills
 - Organizational skills
 - Communication skills
 - Working knowledge of the program
 - Willingness to fulfill the duties and responsibilities of the position.

RAC Member Elections*

Regional Officers

- Regional Officers - RACC, RTCC, RJOCC and RXCC shall be elected by a vote of the Women's Program Professional membership within each Region.
- Elections for the RACC will be conducted the year before the Olympic Games.
- Elections for the RTCC, RJOCC, and RXCC will be conducted one year after the Olympic Games.
- They shall serve for four (4) years.
- Elections are to be completed by April 15 and term of office begins July 1st.
- USA Gymnastics will conduct the election and post the results online.

SACC Elections

- SACC shall be elected by the Professional members of the Women's Program in their respective states.
- They shall serve for two (2) years and be elected in the spring on even numbered years.
- Elections to be completed by April 15th. Term of office to begin July 1st.
- USA Gymnastics will conduct the election and post the results online.

**For complete election regulations - [USAGym.org/PDFs/Women/Rules/operatingcode.pdf](https://www.usagym.org/PDFs/Women/Rules/operatingcode.pdf)*

RAC Meetings

The RAC shall have an annual meeting and other meetings as called by the RACC.

- If a Regional officer or SACC is unable to attend the Regional meeting, the RACC or SAC respectively shall approve a replacement for that meeting from members of the SAC, or a suitable replacement.
- The proxy has full voice but no voting privileges.
- In the case of a SACC's replacement, the RACC must be informed of the replacement prior to the meeting.

Regularly scheduled Region 4 RAC meetings are held at:

- **L8-10 Regional Championships – Thursday evening before day one of competition.**
- **Region 4 Congress – Thursday evening before Congress.**

RAC Function

With the help of specialized people, the RAC

- Develops gymnastics in the region.
- Determines the format and organization of all the designated qualifying events and programs under their jurisdiction within the Region.
- Supports and attends regional events. Determines the officials' contractor for regional events under their jurisdiction.
- Determines the numbers of judges per panel for regional meets.
- Selects judges for regional meets with the input of state administrative committees.
- Determines the entry and gate fees for all regional meets.
- Determines if and when there will be a Level 8 Regional meet.
- Determines the format and qualifying score for the Level 8 regional meet.
- Submit financial reports to the Chief Financial Officer or his designee as directed.
- In cooperation with the RACC, creates the budget for the region on a yearly basis.
- Recommends judges for Junior Olympic Nationals and East/West Championships.
- Annually determines a Regional Junior Olympic Program of the Year to be put forward by the RJOCC for Junior Olympic National Program of the Year at the spring meeting of the National Junior Olympic Committee.

Region 4 Legislation

Region 4 Web Site - www.Region4Gymnastics.com

- \$595 is allocated for website support annually. Sports Engine will host site. (4/5/18)
- RACC is to contract and determine compensation for someone to design and maintain the Region 4 web site and social media presence. (4/16/17)

State Newsletters and Meeting Agendas

- State newsletter should be sent to RACC, RJOCC, RTCC and RXCC. (6/23/16)
- State Meeting agendas must be pre-approved by RAC. (6/23/16)

States Head Tax

- Region 4 State Meet hosts must pay per athlete Head Tax to Region 4.
 - \$6/ L3-10 Athlete
 - \$3/ Xcel Athlete (6/13/13)

Make check payable to: USA Gymnastics – Region 4
Send to: Rick Nelson
573W17240 Lake Dr.
Muskego, WI 53150

- States may appeal to the RAC in the event of extenuating circumstances that may prevent them from paying the head tax. (6/23/16)
- Payments are due two weeks after completion of State Meet.

Regional Funds

- Financial procedures imposed by USAG effective as of July 31st, 2010. All accounts are based out of Indianapolis.

State Meets

- State Meets are under the jurisdiction of the SAC.
- Optional State Meet Dates must be approved by RJOCC before being published to membership. Xcel State Meet Dates must be approved by RXCC before being published to membership.
 - Xcel State Meets must be scheduled at least 3 weeks prior to Xcel Regionals. (4/9/15)
- A gymnast who competed in a J.O. State or higher competition in the USA Gymnastics membership year (August 1 – July 31) is not eligible to compete in Xcel State or Regional meet. (6/11/15)

Club of the Year

- Each SACC submits its state's candidate to the RACC. The point system determines the Region 4 Club of the Year.
- Award for Club of the Year is presented at the reception during Region 4 Congress.

Contributor of the Year

- Each SACC submits their state's nomination for Regional Contributor of the Year to be voted on by the RACC.
- The RAC votes on Regional Contributor of the Year.
- Award for Contributor of the Year is presented by SACC's at auction during Region 4 Congress. (6/24/10)

Region 4 Congress

In conjunction with USA Gymnastics, Region 4 hosts an annual Regional Congress in June.

Elite & TOPS Programs

Athletes who have met their respective Elite Qualifying scores receive all Region 4 National Team Apparel excluding GK Leos/Warm-Ups. (4/6/17)

Region 4 Championships

Meet Schedule

Level 8-10

Level 10's on Friday followed by the level 9's and then the 8's. (If the level 10's do not fill Friday then the 9's would begin competition following the 10's on Friday. (6/24/10)

Level 6-7

Determined by RJOCC

Xcel

Determined by RXCC

Bids

- Prior to Regional bids being submitted to the RAC all aspects of bids must be approved by the RXCC for Xcel Regionals and RJOCC for JO Regionals including (but not limited to): venue, equipment, awards, sponsors, and vendors. (6/23/16)
- AAI Equipment is preferred for all Regional Meets.
- JO 8-10 Regionals requires 2 spring floors.
- Xcel Regionals requires 3 full gyms.
- If requirements not met, the bid process will be re-opened to other hosts. (4/7/16)
- RXCC & RJOCC must approve all Judging-related issues with RTCC. (6/23/16)
- Regional Championships bid **deadline is April 1** for all Regionals to be held the following year. (6/23/16)
- Bid forms are available on the Regional Website.

Qualification Scores from State Meet

	AA	IES*		AA	IES*
Level 10	34.00	9.00	Xcel Diamond	33.50	9.00
Level 9	34.00	9.00	Xcel Platinum	33.50	9.00
Level 8	34.00	9.00	Xcel Gold	34.00	9.00
Level 7	34.00	9.00	Xcel Silver	35.50	9.00
Level 6	34.00	9.00	Xcel Bronze	35.50	9.00

*IES – Individual Event Specialist - Declared to be a specialist prior to entering State Meet and enters 3 or less events.

Entry Fees

Level 10	\$135	Xcel Diamond	\$85
Level 9	\$135	Xcel Platinum	\$85
Level 8	\$135	Xcel Gold	\$85
Level 7	\$100	Xcel Silver	\$85
Level 6	\$100	Xcel Bronze	\$85

Petitions

- USAG Injury [Petition Rules](#) are available download (.pdf)
- Download the [USAG Petition Form](#)
- Per USAG R&P you must notify RTCC and JOCC or RCXX of ***the intent to petition by the MONDAY*** after the state meet. All required ***paperwork must be submitted within 3 days*** of the completion of your State Meet. (By Wednesday following)
- Email the Petition form with a copy of your meet results to the appropriate chairperson.
 - JO Petitions - Linda Thorberg – RTCC (**Email Only** – Linda4rtc@aol.com)
 - Xcel Petitions – Megan Robinson – RXCC (**Email Only** – region4xcel@gmail.com)
- Gymnasts wishing to petition must enter the Regional Championships at their State Meet with entry fee paid. It should be noted on the entry form that they are a *Petition*.
- If the Petition is not approved the entry fee will be refunded.

Meet Entry System – USA Gymnastics Meet Reservation

- SACCs are required to collect registration forms and payment for all Regional entries at the State Meet. SACCs must overnight all materials to the Region 4 meet host after the State Meet. (4/9/15)
- Coaches are required to register all professional members and athletes through the *USA Gymnastics Meet Reservation System* for all Region 4 Championship Meets by the stated deadline. Failure to register by the stated deadline will result in a \$100 per coach onsite penalty. (6/15/17)

Refund Policy

Refunds due to injury will be awarded up to two weeks prior to start of the Regional Meet with appropriate physician note. Refund requests should be sent to RTCC and RJOCC (JO Requests) or RTCC and RXCC (Xcel Requests).

Age Divisions

Level 10

12 approximately equal age divisions based on birthdates as established annually by USA Gymnastics – Level 10 Regional and National Championships Chart.

6 Senior (A, B, C, D, E, F) and 6 Junior age divisions (A, B, C, D, E, F).

Level 9

16 approximately equal age divisions based on birthdates as established annually by USA Gymnastics – Level 9 Junior Age Divisions and Level 9 Senior Age Divisions for Regional & Western Championships.

8 Senior (1, 2, 3, 4, 5, 6, 7, 8) and 8 Junior age divisions (1, 2, 3, 4, 5, 6, 7, 8).

Level 8

12 approximately equal age divisions using same formula as Level 10 - rank by age, divide by 2, and then by 6. (4/23/09)

6 Senior (A, B, C, D, E, F) and 6 Junior age divisions (A, B, C, D, E, F).

Level 6 & 7

Evenly split age groups within each Level with a maximum of 24 athletes per group.

Xcel

Evenly split age groups within each Division with a maximum of 24 athletes per group. (6/23/16)

Judges

- Regional judges are contracted through the Region 4 NAWGJ Judging Director.
- All states will have judges' representation at Region 8-10 Championships but assignment of level, event, etc. is at the discretion of the RTCC. (6/7/12).
- All Regional meets are required to have a Regional Technical Director paid by the meet host with a stipend of \$250.00 per day plus travel expenses. The Regional Technical Director will be approved by the Regional Administrative Committee. (6/15/17)
- An on-site alternate Level 10 or higher judge is designated for L9/10 and is to be compensated \$100 per day; may be used as an assistant to the Regional Technical Director unless needed to actively judge

Regional Resume

Each SACC receives a copy of the CPE forms submitted by judges (due by May 15) in their respective state. Based on this information, the SAC makes recommendations to the RAC for selection of judges' to Regional Championships. (4/8/10)

Region 4 judges' assignment criteria, including attendance at a Regional Training Camp every 3 years, is to guide state boards when assigning officials for Regional and National meets. (6/24/10)
SACCs should use specific criteria in selecting judging panels for State Meets. (4/9/15)

Each SACC must submit a rank order list of judges for Regional assignment due by June 1. (4/14/11)

Scoring System

- The **ProScore** system is used at all Region 4 Championships.
- Open scoring is used at all Region 4 Championships.

Meet Results

All Regional Meet results must be published on **myusagym**.

Draw

- RJOCC will do draw through meet software for both 8-10 and 6-7 meets.
- RXCC will do draw through meet software for Xcel Meet

Awards

- The RACC is responsible for purchasing and stocking Regional J.O. and Xcel medals. Meet hosts purchase medals from RACC. (4/9/15)

- JO Region 4 Championships award 25% of participants or per USA R&P guidelines, whichever is greater. (6/12/14)
- Xcel Regional Championships award 40% of participants or per USA R&P, whichever is greater.
- All participating Xcel Regional athletes receive a participation award subject to the approval of the RXCC. (6/23/16)

Equipment

- Level 8-10 uses the same equipment manufacturer that is contracted for at J.O. Nationals.
- Level 6/7 equipment must be approved by RJOCC and will be published in meet information.
- Xcel Regional Meet host must be approved by RXCC and will be published in meet information. (6/23/16)

Gate Admission Fees

- Maximum gate fee for any Regional Meet is \$20 per day. (06/14/18)

Financial Report

Regional Meet Directors must send a Financial Report to the RACC within 45 days.

Region 4 Apparel

Region 4 seeks up to 3 competitive bundle bids (for all products) for Region 4 Apparel Sponsor with right of first refusal going to Gym Treasures. RJOCC will approve the final bid. (6/24/10)

Apparel Sponsor has exclusive right to sell Region 4 logo apparel. Region 4 receives 20% of profit.

Apparel contract lasts the time span of Region 4 color cycle.

Vendor receives a booth at all Region 4 events.

Apparel Bid Requirements

- Coaches', athletes', judges apparel
 - Online store from which Region 4 receives 20% profits.
 - Must include but not limited to products as per USAG
 - Attendance at Region 4 J.O. Championships
 - Intent to be present at other Region 4 events
 - Region 4 Congress
 - Xcel Regionals
 - Level 6/7 Regionals
-
- Athletes who qualify for Westerns or J.O. Nationals receive apparel provided by Region 4.

- Coaches of those qualified athletes also receive apparel.
- Regional judges assigned to Westerns and J.O. Nationals receive Regional apparel.
- All judges at L8-10 Regionals receive a free Regional Apparel Item.
- Sizing and orders for apparel are done onsite at JO 8-10 Regionals.

Level 9 & 10 Region 4 Championships

Meet Format

- Modified Non-Traditional – 2 sets of equipment, including two full floors – A & B, (judges move back and forth).
- Timed warmup - 2 minutes per athlete (UB - 2.5 min.) followed by competition on Side A.
- Side B begins warmup when Side A begins competition.
- No 30-second touch warmup.
- Order of competition is random draw.
- 4-judge panels.

Qualification to JO Nationals

Top 7 Level 10 All Around in each of the 12 age groups qualify to J.O. Nationals (minimum 35.00 AA), and compete as Region 4 Jr/Sr Teams. Team members are outfitted with a leotard and warm-up by the national sponsor in addition to Region 4 apparel.

Qualification to Westerns

Top 7 Level 9 All Around in each of the 16 age groups qualify to Westerns (minimum 34.00 AA), and compete as the Region 4 Jr/Sr Teams. Team members are outfitted with a leotard and warm-up by the national sponsor in addition to Region 4 apparel.

Level 8 Region 4 Championships

- No Specialists are allowed at the Level 8 Region 4 Championships. Level 8's must qualify or be petitioned in the AA.

Meet Format

- 2 simultaneous meets (Juniors/Seniors) using Modified Traditional format. Warmup-competes on one set of equipment.
- 2-judge panels.

Level 6 & 7 Region 4 Championships

Meet Format

- Number of simultaneous gyms based on number of athletes.
- Modified Non-Traditional – 2 sets of equipment – A & B, (judges move back and forth).
- Timed warmup – 1.5 minutes each followed by competition on Side A.
- Side B begins warmup when Side A begins competition.
- No 30-second touch warmup.

- Order of competition is random draw.
- 2-judge panels.
- IES are not allowed.

Xcel Region 4 Championships

XCEL Region 4 Championships is held the weekend after JO Region 4 Championships unless there is a conflict and then it would be moved to the next weekend. (6/13/13)

All Xcel divisions are included in Region 4 Championships. (6/13/13)

No State Team, Super Team or Club Team competition held.(6/13/13)

Meet Format

- Number of simultaneous gyms based on number of athletes.
- Modified Non-Traditional – 2 sets of equipment – A & B, (judges move back and forth).
- Timed warmup followed by competition on Side A.
- Side B begins warmup when Side A begins competition.
- No 30-second touch warmup.
- Order of competition is random draw.
- 2-judge panels.
- IES are allowed.

Region 4 Training Camps

Basic North/South Camp Info

- Clinicians will be brought in from within and outside Region 4
- All coaches must have a current USA Gymnastics professional number, background check, and Safe Sport Certification
- Coaches rotate with their athletes to each event
- Coaches are expected to work within the plan established at each event by the master clinician and must be willing to aid the clinician in the implementation of the plan while at the event.
- Judges will provide critiques of the athletes
- There will be 6 rotations on Saturday, 30 minutes/rotation. Athletes will get to each event 2X on Saturday (Vault, Bars, Beam, Floor, Dance, Judging/Outside Experts)
- There will be 6 rotations on Sunday, 45 minutes/rotation (Vault, Bars, Beam, Floor, Dance)
- The goal of the North and South training camps is to provide opportunities for learning for coaches, athletes, and judges and to develop relationships within our Region

Basic College Showcase and High Performance Camp Info

- College coaches will be invited to watch the Friday College Showcase. Personal coaches will structure and organize the workout for their athlete(s). Athletes will provide bios and wear numbers to be identified by coaches.
- The goal of the camp is to raise the level of gymnastics in Region 4 and provide opportunities for comradery between the gymnasts
- Clinicians will be brought in from outside and inside the region
- All coaches working the training camps must hold a USA Gymnastics professional number, Background Check, and Safe Sport Certification
- Coaches rotate with their athletes to each event
- Coaches are expected to work within the plan established at each event by the master clinician and must be willing to aid the clinician in the implementation of the plan while at the event.
- Athletes will be expected to show bonus connections, special requirements, and combinations
- Judges will provide critiques of the athletes
- There will be 6 rotations on Saturday, 30 minutes/rotation. Athletes will get to each event 2X on Saturday (Vault, Bars, Beam, Floor, Dance, Judging/outside expert)
- There will be 6 rotations on Sunday, 45 minutes/rotation (Vault, Bars, Beam, Floor, Dance)
- An expectation letter will be sent out to athletes and coaches prior to the camp. Athletes will be expected to come to camp prepared.

Qualifying To Camp

- 90 Athletes will be accepted in the order they are received and based on the priority system, for the North & South Camps.

- 60 Athletes will be accepted in the order they are received and based on the priority system for the College Showcase & High Performance Camp. (Only priorities 1 & 2 will be accepted. Level 9/10 Regional Qualifiers will be accepted if space allows)

Priority #1: All 2018 Elite/JO National Qualifiers (Priority 1 and 2 athletes would have 30 days from the start of registration to accept spots in the camp or we will move down to priorities 3 through 5.)

Priority #2: All 2018 Western Qualifiers (Priority 1 and 2 athletes would have 30 days from the start of registration to accept spots in the camp or we will move down to priorities 3 through 5.)

Priority #3: All Level 2018 9/10 Regional Competitors and Level 8 super Team Competitors

Priority #4: All Level 2018 8/9/10 State Competitors and Level 8 Non Super Team Regional Qualifiers

Priority #5: All other 2018 Level 6/7/8/9/10 Athletes

Entry Fee

North/South Camps

- \$180.00 / athlete, **all priorities** (coaches are FREE with athletes)
- \$100.00 / observing coach (coach with no athletes)
- \$50.00 / judge

College Showcase and High Performance Camp

- \$100.00/athlete for the College Showcase (coaches are FREE with athletes)
- Training Camp is FREE for Priority #1 & #2 athletes
- Training Camp is \$80.00 for Priority #3 athletes, provided they participate in the College Showcase
- \$100.00/Observing Coaches
- \$50.00/Observing Judges
- Payment in full is required. If your athletes are in priority #'s 3-5 listed above and they do not get in you will be refunded in full.

Interested In Hosting Camp?

- Bids are due June 1st, 2018. Please complete the form bid form and email it to Region 4 JOCC, Paige Roth at paiger@iowagymnest.com
- Bid Form
- Host Facilities must provide:
 - Full Access to the facility from 4:00 PM Friday through 1:00 PM Sunday
 - Loose foam pits for Vault, Floor, and Bars (shared pits okay, but not ideal)

- Ability to host 90 athletes plus many coaches and observing coaches/judges
- Secondary area for Dance
- Additional area with AV for classroom sessions
- Trampolines and Tumble Trak
- Multiple Vault Areas with additional areas for drills and side stations
- Combination of low and high beams (minimum 8-12 beams)
- Bar area to include floor bars, channel, and multiple sets
- Host Facility must help facilitate:
 - Athlete check in
 - Host hotel(s)
 - Transportation for clinicians
 - Area for Clinicians meeting
 - Catering (paid for by the Region) for clinician's meals
 - Area for the Saturday night social (for example, pool area at host hotel)
- Camp hosts will be compensated \$3,000.00 gym rental fee
- Please contact the JO Chair with questions.