



USA GYMNASTICS

LEVEL 6-7 REGIONAL CHAMPIONSHIPS

HOSTED BY TWISTERS GYMNASTICS

Qualification Procedures

- Athletes must qualify at their State Championship Competition by achieving the qualifying score:
 - Level 6 & 7: 34.0
 - Specialists are not allowed at Regionals in these levels
- An athlete who cannot compete in her State Championship Competition due to **illness or injury** can petition to enter the Regional Competition by following the procedures outlined on page 49 in USA Gymnastics Rules and Policies ([https://usagym.org/PDFs/Women/Rules/Rules and Policies/2018_2019_w_rulespolicies_1108.pdf](https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2018_2019_w_rulespolicies_1108.pdf)).

Entry Procedures

- All athletes and coaches **MUST** be registered through the USA Gymnastics on-line meet reservation system. The registration is currently open, the link is: <https://www.usagym.org/app/currentSanctions.html>
 - Coaches need to register their athletes who plan on attending 2019 Level 6-7 Regionals.

Please **DO NOT** just register all of your Level 6-7 athletes; only register those who actually plan on competing in the meet, provided they qualify.
 - On-line registration must be completed by March 15, 2019.
 - Register any coaches who will be coaching at Level 6-7 Regionals. Make sure that all memberships, background checks, and certifications are up to date.
 - On-Site Coach Registration (at Regionals) is \$100.00/coach. All coaches must be pre-registered and approved through the USA Gymnastics reservation system.
- At your State Meet, you will bring a hard copy of your Level 6-7 Regionals entry form and one club check for payment. By the end of the last session:
 - You must update the on-line reservation system roster for your entry for Level 6-7 Regionals, to drop anyone who did not qualify.
 - Turn in an accurate hard copy of the team entry form to the State Meet Director.
 - Turn in a check for the complete entry fee for Regionals.
 - Entry fee is \$100.00 / athlete – all divisions.
 - **No Refunds.**
 - Checks payable to: Twisters Gymnastics
 - Any entries and/or payments that are not turned in by the last session of the State Meet will incur a \$25/athlete late fee.

Questions?

Contact Meet Director John Mangold at info@iowatwisters.com or Region 4 JO Chair Paige Roth at region4jo@gmail.com

Additional Information

Location: GameOn Sports Complex
4655 Tower Terrace Road NE
Cedar Rapids, IA 52411

Awards: 40% event and All-Around, 100% recognition All-Around (per Regional Guidelines)

Equipment: Gateway Sports

Results: myusagym app

Nearby Airport: Eastern Iowa Airport (15 miles)

Meet Apparel: GymShorts Apparel

Meet Director: John Mangold– info@iowatwisters.com

Graduating Seniors: Coaches, please note on your entry form any graduating seniors. Please turn the senior bio form in with your packet. Seniors will be recognized during their awards ceremony.

Spectator Admissions

1-Day Pass Adults (ages 13-64) \$20; Seniors (\$65+) & children (ages 5-12) \$10; ages 4 & under FREE

2-Day Pass Adults (ages 13-64) \$35; Seniors (65+) & Children (5-12) \$25; ages 4 & under FREE

2019 XCEL Regional Gymnastics Host Hotel

Cedar Rapids Marriott
1200 Collins Road NE
Cedar Rapids, IA 52402
319.393.6600

[Book your group rate for Level 6 - 7 Regional Championships - no breakfast](#)
[Book your group rate for Level 6 - 7 Regional Championships - with breakfast](#)

Team Entry Form

Club Name: _____
USAG Club #: _____

Club
Address: _____

City : _____ State: _____ Zip
Code: _____

Contact Name: _____
Phone: _____

Contact
Email: _____

Number of Level 6 Athletes: _____

Number of Level 7 Athletes: _____

Total Number of Gymnasts Attending: _____

Total Number of Gymnasts Attending _____ x \$100.00 = _____

Paid with check
#: _____

Registration Instructions

1. Register all Level 6-7 athletes that plan on attending the Regional Championships on the USAG Meet Reservation system by March 15, 2019.
2. At your State Meet, revise your entry on the USAG Meet Reservation System.
3. Make sure all coaches that are attending Regionals are entered in the USAG Meet Reservation System.
4. Complete this form at your State Meet and submit it to the meet director with payment. Checks should be made payable to Twisters Gymnastics.

XCEL REGIONAL CHAMPIONSHIPS

Graduating Senior – 2019 Biography Information

Coaches: Please fill out the information below and submit this form with your team entry form at your State Meet. Special recognition will be given to all the graduation seniors during their competitive sessions.

Gymnasts Name: _____ Level: _____

Club Name:

Coached By:

Name of High School: _____ City:

School Honors:

Age Started Gymnastics: _____ Favorite Event: _____

Gymnastics Accomplishments:

Favorite Gymnastics Memory:

College Plans:

Planned

Major: _____

Planned College Sports (if

any): _____

